



*Zach Malott, MA, PC, LMHC, LADAC*

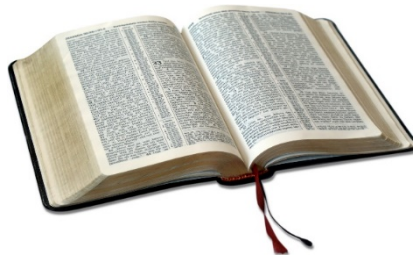
## Contact Me

Zach Malott, MA, LMHC, LADAC

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*“Christian Counseling Serving  
Christian Churches in Lincoln and  
Otero Counties”*



## Counseling and the Christian Worldview

“To eliminate any confusion, a true Christian counseling session utilizes the Christian worldview as the reality of life. This means that the Bible is considered the comprehensive theory of mankind, explains death, eternal life, the meaning of life, original sin, and the salvation from death which is the wage of sin through the shedding of the precious blood of Jesus Christ for atonement of that sin which leads to Eternal Life.”

**Alcohol** is a very effective  
dissolving agent.

It dissolves families, marriages,  
friendships, jobs, bank accounts and  
neurons, but **NEVER** problems.



# Malott Counseling Services





## Christian Counseling Discounts For Churches

### How It Works...

- Regular fee for individual is \$80 per session.
- Discounted fee is \$50 per session.
- If Church co-pay is \$25 per session.
- Counselee fee is then \$25 per session.
- Discount to individuals amounts to approximately 30% of standard fee.

## Christian Counseling

Malott Counseling Services offers true, Christian counseling. God's truth is found in both General and Special Revelation. All truth comes from God's word. Christian

***"We know that everyone who has been born of God does not sin, but the One who is born of God keeps him, and the evil one does not touch him."***

***- 1 John 5:18***

Christian counseling receives its compass from God's Holy Word, meaning that all counseling aligns with His word. Any use of psychological theory that out of alignment with the Bible is never utilized in Christian counseling.

### **Does Malott Christian Counseling Services use counseling theory and modalities?**

Careful study of God's word to align counseling theory and practice with God's Word is practiced to insure that God's Word is honored.

The counseling theories practiced are: Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Theory (DBT), Motivational Interviewing (MI), and Acceptance and Commitment theory (ACT).



*The Christian worldview places Jesus in charge of our lives...not self.*

Each modality has been analyzed and carefully considered. Any techniques where there is a question, it is modified to fit God's truth and contextual meaning.

### **My Qualifications**

I am an ordained SBC pastor, Pastoral Counselor. I have a BA in religion with a minor in Christian Counseling from Liberty University. I have also studied with Life University in conjunction with Liberty receiving certifications in Christian Counseling as well as becoming certified as a Christian Life Coach. I hold an MA in Professional Counseling from Liberty University and am a Licensed Mental Health Counselor (LMHC) and a Licensed Alcohol and Drug Abuse Counselor (LADAC) licensed in the state of NM.

### **Specialties**

- **Mood Issues**
- **Bipolar**
- **Obsessive Compulsive (OCD)**